



Texas OPTI

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Our Mission

Texas OPTI is an educational consortium committed to assuring the advancement of osteopathic postdoctoral training.

In fulfillment of that commitment we enhance osteopathic graduate medical education through quality program development and advocacy on behalf of our interns, residents, fellows and member institutions.

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Resources for Interns, Residents & Fellows

Eryn Loney, M.L.A., Director of Program Development

I want to welcome each and every one of you to the Texas OPTI. If you're beginning your first year of internship or residency with us, you may be experiencing a certain level of apprehension. I encourage you to contact our office if you have any questions or concerns. It will be a tough and challenging year ahead, but it will also provide you with numerous opportunities to learn, grow and hone your skills as an osteopathic physician.

The Texas OPTI has resources in place to assist you and make your journey just a little bit easier. Our most popular resources are our online library services. Many of you already utilize the Lewis Library's services on the UNTHSC campus. For those of you who do not, this is a great opportunity to introduce you. The Lewis Library offers a variety of resources to our Texas OPTI interns and residents, including:

Literature searches—Our librarians are available to assist you. Contact them Monday through Friday between the hours of 8 am-5 pm for assistance.

Remote desktop instruction—Let our librarians assist you from your home or institution utilizing online meeting software.

Article delivery—Our librarians can quickly obtain and deliver articles to you in a variety of formats. *There is a small fee for these services.*

On-site & off-site instruction and outreach—The Lewis Library can send a representative to visit you or teach classes on a variety of information-seeking topics.

Research resources—via www.library.hsc.unt.edu/ to locate databases that can help satisfy your research and medical information needs.

Library card—As a Texas OPTI intern or resident, you will receive a free library card that allows you to checkout items from Lewis Library while visiting the campus.

Library access—You may access all of our electronic resources by obtaining a Novell login.

In order to utilize the Lewis Library services, you will first need to establish a Novell login with UNTHSC. Please visit the 'Resources' page on the OPTI website. Scroll down to 'Novell Accounts' and download the account request form. Complete it in its entirety including your phone number, preferred email address and anticipated graduation date. Fax it to me at **817.735.2330** for processing. After your account has been created, you are required to participate in a brief, online security training module. Once this is completed, you'll have access to the research tools you need. Feel free to contact me with any questions or concerns: **817.735.5075** or **eloney@hsc.unt.edu**.

Resources for Interns, Residents & Fellows



OMM Training is held on the UNT Health Science Center campus three times each year...normally in November, February and May. The sessions are held on Saturdays from 8 AM until noon. For those of you who are local and wish to maintain your AOA credentials, you are required to attend two out of three of the sessions offered. If you are on call or unable to attend for some reason, you may contact me to make alternate arrangements. We work closely with our OMM Department to provide relevant, timely training that you may use in your everyday practice.

The **AOA Violation Hotline** is for residents and interns. You may report work hours violations, AOA Match violations, and AOA Standards and Policy violations. All complaints will occur in writing with the complainant signature and some form of evidence of the violation (complainant will remain anonymous at all times.) Fax

your letter and documentation to: 312.202.8351 or email postdoc@osteopathic.org. The OPTI will be notified together with the hospitals chief executive officer (CEO) and director of medical education (DME). OPTIs will be asked to do an assessment of the allegation within 30 days and to provide information on the institution's policy. The COPT will review the complaint along with the OPTIs assessment within 30 days. The COPT will decide if a focused site visit is warranted at that time.

The **Texas OPTI Website** contains information about each of our affiliate institutions including information about stipends and benefits for each site. Additionally, there is a 'Resources' page that contains a variety of topics including medical websites, networking resources, osteopathic articles and research topics, post-residency job opportunities, professionalism articles, and recommended reading. You may access the website here: www.hsc.unt.edu/organizations/texasopti/index.cfm. Be sure to check out our new **blog** (link on the home page) for quick updates.

The **Texas OPTI Newsletter** is distributed monthly. We aim to provide you with timely information and articles of interest. Frequently, we have guest contributors who offer their insight and expertise. Some past articles include, 'Residents Teaching Medical Students', 'Patient Safety and Physician Fatigue', and 'Hitting the Job Market'...just to name a few. If there is a topic you would like to see covered in our newsletter, please let me know. We will do our best to accommodate you.

The **Texas OPTI Job Board** may be found on our website: www.hsc.unt.edu/organizations/texasopti/jobopps/.

Save the Date

*Back to Basics:
Essential Medical Imaging*
Las Vegas, Nevada
October 26th—30th

*2009 Annual Clinical Assembly
of Osteopathic Surgeons*
Chicago, Illinois
October 31st—November 3rd

*AOA/ACOF 114th Annual
Convention & Scientific Seminar*
New Orleans, Louisiana
November 1st—5th

OMM Training
UNTHSC campus
Tentative date is November 7th

Dr. Edwin Leap offers advice for new interns...

"It's going to be hard. Deal with it. The less you whine, the more you will be loved and trusted. Learn to be strong. Learn to power through your fatigue. And remember it often takes more energy to avoid work than to just do it.

Do the right thing. Ethically, professionally, morally. Be the one everyone can count on to do the right thing; however hard it may be.

Humans, to paraphrase Blaise Pascal, are glorious and wretched. Capable of nearly angelic goodness and demonic evil, they will both thrill and disappoint you.

Be neither too judgmental or too naïve. And remember that you dear ones, are human as well."

Source: www.edwinleap.com

Visit the Texas OPTI Website

Go to: <http://texasopti.hsc.unt.edu/> for a variety of helpful resources!

Texas OPTI Members

Bay Area Medical Center * Driscoll Children's Hospital * JPS Health Network
Methodist Charlton Medical Center * Plaza Medical Center of Fort Worth
San Jacinto Methodist Hospital * Texas A&M HSC College of Medicine
Texas Osteopathic Medical Association * Texas Tech University Health Sciences Center
University of North Texas Health Science Center * University of Texas Medical Branch-Galveston